MOUNT KAILASH SCHOOL

A brief activity report for Tibetan Family Help, Germany

The school academic session started in April 16, 2019 and it's the first day of Nepali new year. The students returned to the school after the session break with full of energy and enthusiasm. It was lovely to have our children back to their second home.

School Strength:

The total of 113 students are presently studying at our school (including Nursery Students). We have classes from Nursery to class VII. Among them, 54 are girls and 59 are boys. 71 students are Tibetan, 26 Himalayan and remaining 16 are the Nepalese students. The student's age ranges from 6 to 15 years old.

School Hostel:

The school hostel was built by American Himalayan Foundation in 1993. The sole objective was to provide the shelter for the Tibetan students from remote places who come to study here far from their parents. Snow Lion Foundation has been looking after the hostel by providing all the necessary requirements and the expenses. The school hostel has been accepting Tibetan students from remote places. This year, we have total of 53 students in the hostel from remote villages like Manang, Mustang and Dhorpatan. They are provided with food and lodging by Snow Lion Foundation. The school also has four staff taking care of hostel children. They are cook, cook helper, boys & girls caretaker.

The school hostel building consists of a dining Hall, kitchen, boy's room, girl's room, dispensary and a store room. The hostel has boys and girls bathroom with toilets attached.

School Uniforms:

All students must wear their school uniform during school hour. The uniforms are grey trouser, white shirt, a tie and a blue sweater for both boys and girls. The students also wear their houses track suits every Friday.

School Examinations:

Our school has three Terminal Examinations in a year. The teachers also take monthly tests and use other methods to evaluate student performance in their studies.

Child Club:

Since 2016, the child club of the school has been carrying different activities at school. With that the child club has been participating into the community works within our settlement.



School Co- Curricular Activities:

In our school we have different co- curricular activities. We have a Literary Committee who carries out activities like Poem Recitation, Spelling Contest, Quiz Contest, Drawing and Essay Competition. We have different games and sports like Basketball, Football, Badminton, Table Tennis and the Annual Sports Day which is usually held on November.

Preserving our traditional and cultural values, the school students had always been participating and performing the Tibetan Cultural Dances and Music in and around community during all the festival and other programs. Each class have dance and music period included every day.

7. Other School Activities:

The school always believes in the holistic development of the child and the school has always been welcoming and participating in different other activities which are not in the school curriculum. The school is able to participate our students in locally organized school wise drawing competition, public speaking competition, football tournament, poem recitation competition and so on.

As a matter of pride, our school football team achieved great success by lifting the TRUNGKAR football tournament trophy which was participated by many local Tibetan youths.

The school also focuses on the Early Grade Reading Program. All the classrooms are equipped with Classroom Reading Corner and we have managed one period of Library for all the classes in a week.

Weekly Activities:

Every Tuesday, we observe YOGA Day and the class starts with half an hour of Yoga session instead of Assembly.

Every Wednesday, we observe Lhakar by wearing traditional Tibetan dress Chupa. Wearing chupa is a step towards cultural preservation.

Each Friday, the school observes DEAR (Drop Everything and Read) program to encourage the students and the staffs in reading. We also have one Korean Art Professor who conducts art class every Friday.







DROP activity

Visitors:

Mr. Tenzin Dorjee La, Head of Academic Section from Department of Education, Dharamsala visited our school and had a session with teachers on the importance of Teacher Professional Development (TPD) at school. He stressed on starting the TPD within the school.

This year, the school hosted orientation on TPD for all the teachers. The teachers were encouraged to improve themselves on their teaching techniques and the use of modern teaching materials.



Tenzin Dorjee la from DOE and SLF Education officer

The school hosted a group of Dutch students as the culture exchange program. The group of students and our students shared cultural exchange, games and other activities.

The school also hosted workshop on Gender Based Violence with class IV, V,VI and VII students with school GFP's and counselor. Career counseling orientation was also carried out for class VI and VII students.

Other developments:

With kind support from SLF, our school is able to install new carpets and tables with cushions' for students of class I, II and III. The target of this installation of carpet is to create a child friendly environment for the younger students.

In health and sanitation, the school is able to renovate boys and girls toilet and the bathrooms in school hostel. The tuberculosis awareness program is continuing as previous years.

School senior girls of class VI and VII received their second phase of HPV vaccination this time.





HPV vaccination for girl students

The new counseling room for the safe guard of the children is built this year. With that we were able to renovate the school classrooms with ventilations, fan, soaps and soap cases in the bathroom as recommended by Safety Audit report of NFCC Nepal.

Special days:

On July 6, 2019, His holiness the Dalai Lama's birthday was celebrated in grand manner. The whole school and community gathered in community hall for the merry making. Mt. Kailash school students participated in games and other events.









The children day was celebrated with different activities from teachers and students on Sep 14, 2019. The teachers and staff performed various dances and music to entertain our children and to make them feel special. The students also participated in cleaning the school and settlement area on Environment Day.

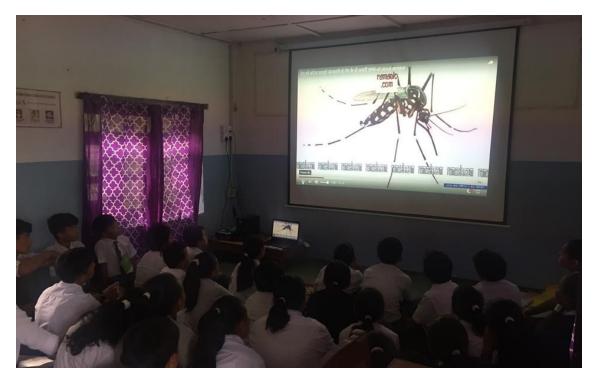
Programs to be continued in November and December:

On November 23, the school is hosting its Annual Sports Day. With that the school is going to host school exhibition on 29th November inviting other schools followed by school picnic a week later.

More pictorial reports:



School basketball competition



Dengue awareness program



Drawing competition



Inter-house poem recitation



Inter- house table tennis- Sep 27, 2019

Acknowledgement: We would like to take this opportunity of thanking Madam Karin Berger Ia, the President and the members of Tibetan Family Help Germany for the continuous support towards Tibetan children and community at large. The schools like Mt. Kailash need your support so that we can provide education and homely care to the Tibetan children and others from remote villages.

THANK YOU VERY MUCH.

November 8, 2019